

FFVA MUTUAL

THE CHOICE FOR WORKERS' COMPENSATION

FFVA Mutual's Loss Control Department has added basic Industrial Hygiene (**IH**) testing to our array of professional services. Our services include the recognition, evaluation and control of environmental factors or stresses arising in or from the workplace that may cause sickness, impaired health and well being, or significant discomfort and inefficiency among workers.*

Our Loss Control Department can conduct the following basic Industrial Hygiene Testing:

1. **Noise/Sound testing** using Noise dosimeters and sound level meters. (Usually an 8 hour test). Preliminary test results can be obtained almost immediately after the testing samples have been collected.
2. **Air sample testing** using air pumps and various testing medias/filters. (Usually a 2 to 4 hour test). Sometimes the result of the test can be determined on the spot from the testing media. However, in most cases testing will involve a formal chain of custody procedure and mailing samples to a certified analytical laboratory.
3. **Slip resistance testing** using a meter that measures the coefficient of friction of a walking surface (usually a 5 to 10 minute tests). The test is used to identify slip and fall exposures.
4. **Ergonomic Assessment** in order to identify repetitive motions and risk factors that can result in an ergonomic injury. A discipline that involves fitting the job to the worker and not the worker to the job. It is the science of adapting workstations, tools, equipment and job practices to be compatible with the individual worker and thus reduce the risk of injury due to risk factors.

If you are interested in any of our basic Industrial Hygiene Testing services, contact your FFVA Mutual Loss Control Consultant for more information.

* as defined by the American Industrial Hygiene Association